## IGHTS OUT

Replacing light bulbs with the most energy efficient alternative is just the start – you can also help to save energy at work:

**Switch off the lights** when you're finished with a room. Even if it's just for a moment, you're still saving energy. If you don't know where the right switches are, just ask.

**Don't forget about natural light** – pull up blinds and move things away from windows to let as much light in as possible.

For lots more energy saving hints and tips go to **energysavingtrust.org.uk** 



